

What is LGBTQIA+?

- L = Lesbian (a woman who is emotionally, romantically, and sexually attracted to women)
- **G** = **G**ay (a man who is emotionally, romantically, and sexually attracted to men)
- **B** = Bisexual (a person who is emotionally, romantically, and sexually attracted to men and women)
- T = Transgender (a person whose gender identity is different from the sex they were assigned at birth)
- **Q** = **Q**ueer (a person who anything other than heterosexual and cisgender)
- **Q** = **Q**uestioning (a person who is not yet certain about their gender identity or sexual orientation)
- I = Intersex (a person born with both male and female or ambiguous physical sex characteristics)
- A = Asexual (a person who is not sexually attracted to anyone)
- + = Lots of other identities (such as asexual, pansexual, nonbinary gender, etc.)

Sex Assigned at Birth	Gender Identity	Cis or Trans?
Sex that a doctor, midwife, or parent assigned to a person at birth	Gender that a person assigns for themselves	Cisgender = sex assigned at birth and gender identity match Transgender = sex assigned at birth and gender identity do not match
Based on external genitals (private parts) and sometimes chromosomes	Based on deeply held internal feeling of identity	
MaleFemaleIntersex*	MaleFemaleAgenderNonbinary*	
*Born with both male and female or ambiguous physical sex characteristics that appear neither typically male nor female (about 1% of births).	*Nonbinary is having a gender identity that is neither male nor female, or a fixed or shifting combination of both; also called genderqueer.	

Sexual Orientation

Inherent emotional, romantic, or sexual attraction to other people

- Gay or lesbian
- Bisexual
- Pansexual*
- Asexual

Gender Expression

External appearance of gender, usually expressed through behavior, clothing, haircut, and voice.

- Masculine
- Feminine
- Androgynous

^{*}Emotionally, romantically, and sexually attracted to people of any sex and gender, including cis and trans people.