

## What is LGBTQIA+?

$\mathrm{L}=$ Lesbian (a woman who is emotionally, romantically, and sexually attracted to women)
G = Gay (a man who is emotionally, romantically, and sexually attracted to men)
B = Bisexual (a person who is emotionally, romantically, and sexually attracted to men and women)
$\mathrm{T}=$ Transgender (a person whose gender identity is different from the sex they were assigned at birth)
$\mathbf{Q}=$ Queer (a person who anything other than heterosexual and cisgender)
$\mathbf{Q}=\mathbf{Q u e s t i o n i n g}$ (a person who is not yet certain about their gender identity or sexual orientation)
I = Intersex (a person born with both male and female or ambiguous physical sex characteristics)
A = Asexual (a person who is not sexually attracted to anyone)

+ = Lots of other identities (such as asexual, pansexual, nonbinary gender, etc.)

| Sex Assigned at Birth | Gender Identity | Cis or Trans? |
| :--- | :--- | :--- |
| Sex that a doctor, midwife, or parent Gender that a person assigns for Cisgender = sex assigned at <br> assigned to a person at birth themselves  | birth and gender identity <br> match |  |
| Based on external genitals (private parts) Based on deeply held internal feeling of <br> and sometimes chromosomes identity | Transgender = sex assigned <br> - Male | - Male |
| - Female | - Female | do not match |

## Sexual Orientation

Inherent emotional, romantic, or sexual attraction to other people

- Gay or lesbian
- Bisexual
- Pansexual*
- Asexual
*Emotionally, romantically, and sexually attracted to people of any sex and gender, including cis and trans people.


## Gender Expression

External appearance of gender, usually expressed through behavior, clothing, haircut, and voice.

- Masculine
- Feminine
- Androgynous

